

Daniel J. Winarick, Ph.D.

Primary Affiliation

Psychology Department
Queens College
City University of New York
65-30 Kissena BLVD
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Private Practice

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Education and Training

- 2014-2016 Postdoctoral Fellowship in Clinical Psychology at the New York Psychoanalytic Society and Institute Treatment Center, and affiliated with Mt. Sinai Hospital, New York, NY (Clinical Supervisors: William Braun Psy.D.; Peter Dunn, M.D.)
- 2015-Present Postdoctoral Supervision in Psychodynamic Psychotherapy (Clinical Supervisor: Sheldon Bach, Ph.D.)
- 2014 Ph.D., Clinical Psychology (A.P.A. accredited), The Doctoral Faculty, Adelphi University. (Dissertation defended, May 2013). (Dissertation Advisor: Robert F. Bornstein, Ph.D.)
- 2010 M.A., Clinical Psychology, The Doctoral Faculty, Adelphi University. (Second Year Project/Thesis Advisor: Robert F. Bornstein, Ph.D.)
- 2007 B.A., Psychology, Washington University in Saint Louis, St. Louis, MO.

License

2016-Present Licensed Clinical Psychologist in New York State. License #: 021722

Awards and Honors

- 2015 *Appointment to Assistant Clinical Professor (Voluntary Faculty) Position at the Ichan School of Medicine, Department of Psychiatry, Mt. Sinai Hospital, New York, NY (Research Supervisor: Larry Siever, M.D.)*
- 2014-2015 *Research Fellowship, the Pacella Center of the New York Psychoanalytic Society and Institute, New York, NY.*

- 2010-2011 *Teaching Fellowship*, Psychology Department, Adelphi University.
- 2010 *Certificate of Recognition for Poster Presentation entitled, "Substance abuse inpatients with and without probable PTSD"* Presented at the Seventh Annual Research Conference, April 12, 2010. Adelphi University, Garden City, NY.
- 2006 – 2007 *Deans List, Spring 2007, Fall 2006, & Spring 2006 Semesters.* Washington University in Saint. Louis, St. Louis, MO.

Grants and Research Funding

- 2014-2015 Fellowship Payment, Pacella Center, NYPSI.
Computational Linguistic Analysis of Audio-Recorded Transcripts
Research Committee of NYPSI: \$10,000.00.
Role: Fellow (Research Supervisors: Sean Murphy, Ph.D., Wilma Bucci, Ph.D., and Bernard Maskit, Ph.D.)
- 2015 Regular Research Grant, Pacella Center, NYPSI
Studies on Semi-Structured Interviews of Child Analysts: Identifying Core Conflictual Relationship Themes
Research Committee of NYPSI: \$5,000.00
Role: Principal Investigator
Co-Principal Investigator: Margot Weil, Ph.D.
Consultants: Sean Murphy, Ph.D., Leon Hoffmann, M.D.
- 2008-2011 Tuition Remission
Adelphi University
Role: Graduate Research Assistant
Research Supervisor: Robert F. Bornstein, Ph.D.

Publications

Winarick, D.J. *The SAGE Encyclopedia of Abnormal and Clinical Psychology.* "Avoidant Personality Disorder" (In press)

Winarick, D.J. *The SAGE Encyclopedia of Abnormal and Clinical Psychology.* "Ego Psychology" (In press)

Winarick, D.J. *The SAGE Encyclopedia of Abnormal and Clinical Psychology.* "Interpretation, Psychoanalysis and" (In press)

Winarick, D.J. & Bornstein, R.F. (2015). Toward a resolution of a longstanding controversy in personality disorder diagnosis: Contrasting patterns of personality test data from schizoid and avoidant adults. *Personality and Individual Differences*, 79, 25 – 29.

Curtis, R., & **Winarick, D.J.** (2012). Jung's Personality Theory? No, the Meyers-Briggs: A Review of Jung's Personality Theory Quantified. *PsycCRITIQUES*, 57 (8)

Bornstein, R.F., Becker-Matero, N., **Winarick, D.J.**, & Reichman, A. (2010). Interpersonal dependency in borderline personality disorder: Clinical context and empirical evidence. *Journal of Personality Disorders*, 24 (1), 109 – 127

Bornstein, R.F., Gottdiener, W.H., & **Winarick, D.J.** (2010). Construct validity of the relationship profile test: Links with defense style in substance abuse patients and comparison with non-clinical norms. *Journal of Psychopathology and Behavioral Assessment*, 32 (3), 293 – 300

Curtis, R., & **Winarick, D.J.** (2009). Empirical support for psychodynamic interventions: A review of Handbook of Evidence-Based Psychodynamic Psychotherapy. *PsycCRITIQUES*, 54(16)

Curtis, R., & **Winarick, D.J.** (2008). Unifying psychoanalysis and developmental psychology: A review of Attachment and Sexuality. *PsycCRITIQUES*, 53, (11)

Manuscripts in Submission

Winarick, D.J. *The John Wiley & Sons Encyclopedia of Personal and Individual Differences*. “Schizoid Personality Disorder” (2016)

Winarick, D.J. *The John Wiley & Sons Encyclopedia of Personal and Individual Differences*. “Avoidant Personality Disorder” (2016)

Manuscripts in Progress

Winarick, D.J. (2016). History and Current Status of Schizoid Personality Disorder: Theoretical Conceptualization and Implications for the DSM-5 Alternative Dimensional Model of Personality Disorders

Winarick, D.J. (2016). Neuroscience of Schizotypal Personality Disorder: A Review

Winarick, D.J. (2016). Assessing the Construct validity of DSM-IV/5 Personality Disorder Categories in a Clinical Sample

Winarick, D.J. (2016). Towards a brief, psychometrically sound measure of schizoid personality style: Preliminary Norms in a College Student Sample

Presentations and Posters

Winarick, D.J. (2015, April). Keeping psychodynamic constructs relevant in the psychiatric nomenclature: Empirical support for distinguishing schizoid and avoidant personality disorders. Power point-guided lecture presented at the Monthly Meeting of the Academic Research Seminar of the Pacella Center of the New York Psychoanalytic Society and Institute, New York, NY.

Winarick, D.J., Bornstein, R.F., Ruggiero, S., Aniboli, A., Brodrick, M., & Nasir, I. (2012, March). Construct validity of the International Personality Disorder Examination – Screening Questionnaire. Poster Presented at the Annual Meeting of the Society for Personality Assessment, Chicago, IL.

Winarick, D.J. (2010, April). Substance abuse inpatients with and without probable PTSD. Poster presented at The Seventh Annual Research Conference of Adelphi University, Garden City, NY.

Winarick, D.J., Gottdiener, W.H., Bornstein, R.F., Rosenthal, R.N. (2010, August). Personality, affect, and posttraumatic stress in substance use disorders. Poster presented at the Annual meeting of Division 50 (Addictions) at the Annual Meeting of the American Psychological Association, San Diego, CA

Winarick, D.J., Gottdiener, W.H., Bornstein, R.F., Rosenthal, R.N. (2010, January). Ego functioning in substance abusers with PTSD: Adaptational, relational, and emotional factors. Poster Presented at the Annual Meeting of American Psychoanalytic Association, New York, NY.

Gottdiener, W.H., Bornstein, R.F., **Winarick, D.J.** (2009, August). Construct Validity of the Relationship Profile Test in Substance Abusers. Poster presented at the Annual meeting of Division 50 (Addictions) at the Annual Meeting of the American Psychological Association, Toronto, Canada

Winarick, D.J., Bornstein, R.F. (2009, March). Autobiographical memory specificity in dependent versus nondependent college students: testing a schema-based retrieval paradigm. Poster presented at the Annual Meeting of the Eastern Psychological Association Convention, Pittsburgh, PA

Dissertation

Winarick, D.J. (2013). *Assessing the differential diagnosis and construct validity of schizoid and avoidant personality disorders*. A dissertation presented to the Faculty of The Gordon F. Derner Institute of Advanced Psychological Studies, Adelphi University. In partial fulfillment of the Requirements for the Degree of Doctor of Philosophy. ProQuest LLC 2013. UMI 3574654.

Masters Thesis

Winarick, D.J. (2009). *Autobiographical memory specificity in dependent versus nondependent college students: testing a schema-based retrieval paradigm*.

Courses Taught

<u>Teaching Activity/Topic</u>	<u>Level</u>	<u>Number of Learners Taught and Venue</u>	<u>Number of hours</u>	<u>Date</u>
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Psychometrics	<i>Undergraduate</i>	<i>Students (55), Queens College- CUNY</i>	60	<i>Fall 2016</i>
Advanced Experimental Psychology - Clinical	<i>Undergraduate</i>	<i>Students (20-30), Queens College- CUNY</i>	75	<i>Spring 2016</i>
Developmental Psychology – Infancy through Middle childhood	<i>Undergraduate</i>	<i>Students (20-30), Queens College- CUNY</i>	45	<i>Summer 2016</i>
Psychometrics	<i>Undergraduate</i>	<i>Students (20-30), Queens College- CUNY</i>	60	<i>Fall 2015</i>
Statistics for School Psychologists	<i>School Psychology Masters Program</i>	<i>Students (21), Adelphi University</i>	45	<i>Summer 2014</i>
Research I: Introduction to Social Work Research	<i>Social Work Masters Program Course</i>	<i>Students (40), Long Island University – Brooklyn Campus</i>	150	<i>Spring 2013</i>
Psychology of Addictions	<i>Undergraduate Course</i>	<i>Students (44), Adelphi University</i>	45	<i>Spring 2012</i>
Research II: Advanced Research Methods for Practice	<i>Social Work Masters Program Course</i>	<i>Students (40), Long Island University – Brooklyn Campus</i>	150	<i>Fall 2012</i>
History of Psychology	<i>Undergraduate Course</i>	<i>Students (36), Adelphi University</i>	45	<i>Fall 2012</i>
Psychological Research: Lecture and Lab	<i>Undergraduate Course</i>	<i>Students (22), Adelphi University</i>	75	<i>Spring 2012</i>

<i>Research Methods and Design</i>	<i>School Psychology Masters Program Course</i>	<i>Students (17, 21), Adelphi University</i>	75	<i>Summer 2011, 2012</i>
<i>Psychology of Addictions</i>	<i>General Psychology Masters Program Course</i>	<i>Students (41), Adelphi University</i>	45	<i>Fall 2011</i>
<i>Research I: Introduction to Social Work Research</i>	<i>Social Work Masters Program Course</i>	<i>Students (15), Long Island University – Brooklyn Campus</i>	75	<i>Fall 2011</i>
<i>Developmental Psychology</i>	<i>Undergraduate Course</i>	<i>Students (41), Adelphi University</i>	45	<i>Fall 2011</i>
<i>Data Analysis Using SPSS</i>	<i>School Psychology Masters Program Workshop</i>	<i>Students (20), Adelphi University</i>	10	<i>Summer 2011</i>
<i>Tests & Measures</i>	<i>School Psychology Masters Program Workshop</i>	<i>Students (20), Adelphi University</i>	10	<i>Summer 2011</i>

Professional Affiliations

- Member, American Psychological Association. Member Number: 90778726.
- Member, Society for Personality Assessment
- Member, New York State Psychological Association
- Member, Society for Personality and Social Psychology

- Member, Eastern Psychological Association

Academic and Research Positions

- 2015 Present Adjunct Assistant Professor, Department of Psychology, Queens College – City University of New York. 65-30 Kissena Blvd, Flushing, New York, 11367
- 2014-2015 Research Fellow. Pacella Center, New York Psychoanalytic Society & Institute, New York, NY 10028.
- 2011-2014 Adjunct Faculty. Adelphi University, Department of School Psychology, Garden City, New York 11530.
- 2011-2013 Adjunct Assistant Professor. Long Island University – Brooklyn Campus, Department of Social Work, Brooklyn, New York 11201
- 2008-2011 Graduate Research Assistant. Personality Assessment Lab, Adelphi University, Department of Psychology, Garden City, New York 11530. Supervisor: Robert F. Bornstein, Ph.D.
- 2006 Research Assistant. Roosevelt Hospital Substance Abuse Inpatient Study. Psychology Department, John Jay College of Criminal Justice. Supervisor: William H. Gottdiener, Ph.D.
- 2006 Research Assistantship at Washington University, St. Louis, MO. Cognitive Psychology research lab. St. Louis, MO 63108. Supervisor: David Balota, Ph.D.
- 2006 Research Assistantship at Washington University, St. Louis, MO Emotion and Psychophysiology Lab. St. Louis, MO 63108. Supervisor: Randy Larsen, Ph.D.

Clinical Positions

- 2016 Staff Psychologist, CHE Senior Psychological Services, P.C. Brooklyn, NY.
- January 2015 – December 2015 Assistant Clinical Professor. Department of Psychiatry. Mount Sinai Hospital, New York, NY 10029
- July 2014 – July 2016 Clinical Psychology Postdoctoral Fellow. New York Psychoanalytic Society & Institute (NYPSI), Treatment Center, New York, NY 10028.

- June 2012 – June 2014 Clinical Psychology Predoctoral Intern, New York Psychoanalytic Society & Institute (NYPSI), Treatment Center, New York, NY 10028. Supervisor: William Braun, Psy.D.
- September 2007 – May 2011 Clinical Psychology Doctoral Student Clinician. Center for Psychological Services, Derner Institute of Advanced Psychological Studies, Adelphi University, Garden City, New York 11530. Supervisor: Ionas Sapountzis, Ph.D.
- September 2010 – August 2011 Clinical Psychology Extern. Weill Cornell Medical Center/New York-Presbyterian Hospital, Payne Whitney – Westchester, White Plains, New York 10605. Supervisor: Anna Odom, Ph.D.
- July 2009 – June 2010 Psychology Extern. Columbia University Medical Center/New York-Presbyterian Hospital, Comprehensive Emergency Services, New York, NY 10032. Supervisors: Jason Lewis, Ph.D., Pablo Goldberg, M.D.
- September 2008 – June 2009 Psychology Extern. Bronx Children’s Psychiatric Center/Albert Einstein College of Medicine, Bronx, NY. Supervisor: Erica Heitner, Psy.D.

Other Work Experience

- 2012-2014 Private Organizational/Executive-Functioning Tutor, Independent Practice
- June 2004 – August 2000 (Summers only) Camp Counselor. Bank Street School for Children Summer Camp. New York, NY, 10025. Supervisor: Cookie Meltz Shapiro.